

# SENIORS PROGRAM



## TEA, TALK & CRUMPETS



**Session Topic:  
Fitness, Cerebral  
Palsy & Aging**

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**Speaker: Erin  
Guppy, Personal  
Trainer**

**Wednesday, August 9, 2017, 1:30-3:30pm**  
Yaletown Roundhouse Community Centre  
(181 Roundhouse Mews, Vancouver, BC V6Z 2W3)

**RSVP TO DAN CHALCRAFT: [COMMUNITY@BCCEREBRALPALSY.COM](mailto:COMMUNITY@BCCEREBRALPALSY.COM) / 604 408 9484**  
**LIGHT REFRESHMENTS PROVIDED!**