

“ I think it would have been easier if someone was there as I was transitioning to adulthood to help me find housing, get into post secondary school, apply for person with disability benefits, and find employment. ”
- Sam Collete



ELIGIBILITY

The Navigator service is available for youth aged 14 to 25, their parents and members of their Transition Support Teams.



PLACES WE SERVE

The program serves the following regions:

- Capital Regional District
- Southern Gulf Islands
- Cowichan Valley
- and the rest of Vancouver Island and British Columbia



CONTACT US

If you are interested in knowing more about this program, contact Carrie Torrans at **604-408-9484**, or supportworker@bccerebralpalsy.com



MISSION & VISION

Our vision is to create a **life without limits** for people with disabilities.

Our mission is:

- To **raise** awareness of cerebral palsy in the community
- To assist those living with cerebral palsy to **reach** their maximum potential
- To work to see those living with cerebral palsy **realize** their place as equals in a diverse society



OUR HISTORY

The Cerebral Palsy Association of BC was started in **1954** by a group of parents who wanted to assist their children living with CP to reach their maximum potential within society.

Today, we are an independent charitable organization governed by a volunteer Board of Directors. We provide support, education, and information mainly throughout BC, but due to the advent of internet, also field calls world-wide.

Funding is provided through private and corporate donations, clothing recycling proceeds, membership fees, fundraising efforts, the BC Gaming Commission, and private grants.



**Cerebral Palsy Association
of British Columbia**

**NAVIGATOR FOR
YOUTH PROGRAM**

Life Without Limits

www.bccerebralpalsy.com



THE NAVIGATOR FOR YOUTH TRANSITIONING INTO ADULTHOOD

High school graduation is a traditional time of transition. However, for youth living with cerebral palsy and other disabilities, this transition is much more complicated as the graduate may no longer be eligible for many programs and supports provided through childrens' services until the age of 18. Youth with disabilities and their families must find their way through an often-bewildering array of adult services to arrange the supports that they need.

The Youth Navigator will help people with disabilities make a clear plan for the future. We can be there to help you fill out the overwhelming amount of paper work and applications, find meaningful employment, get education, and live more independently.



THINGS WE CAN HELP WITH

- Individualized planning (includes employment and education)
- Access to programs and services
- Social and recreational opportunities



CONNECT WITH AN AMBASSADOR

Youth Navigator Ambassadors are youth, families and/or caregivers who have achieved the transition from youth to adults supports, and provide role modelling, success stories, and support for youth and families who are currently navigating the transition.

Ambassadors provide positive examples of peers who have successfully navigated from child to adult resources and systems. Support from ambassadors may take the form of one-on-one feedback and conversation or more goal-oriented support through referrals and information.



OUR YOUTH NAVIGATOR: CARRIE TORRANS

Carrie Torrans, a social worker who lives with cerebral palsy herself, knows first hand the struggles that individuals with disabilities face, and is here to help make the transition smoother. Carrie has helped hundreds of people with disabilities find specialized information.

“My passion in life is to help other people with disabilities reach their full potential in life.”

